



In Trumbull, CT



In Woodbridge, CT

The Connecticut Winter Indoor Football League is an opportunity for our young football players as well as their coaches to work on developing important fundamentals, both as a team and as individual players. The format of the games is full contact, six (6) players versus six (6) players allowing for much more player-specific coaching and ultimately, greater player development. See our 6-Man Rules for the specific rules and policies of our League.

The Winter Football Season will consist of eight (8) weeks of development including:

- 1 instructional camp coached by Connecticut's top college and high school football coaches
- 1 week of jamboree-style preseason scrimmages
- 5 weeks of regular season games
- 1 week of playoffs

The instructional camp, preseason scrimmages and all games will be held on Sunday afternoons, February 14th – April 3rd (games will be played on Saturday of Easter weekend as no games will be played on Easter Sunday) at The Sports Zone in Trumbull, Connecticut and at the Connecticut Sports Center in Woodbridge, CT. The cost of the Youth Winter Football League is \$200 per player. The cost includes helmet, jersey, instructional camp, preseason scrimmages, regular season games and a week of playoffs comprising a total of eight (8) weeks of developmental football. Other necessary football equipment will be loaned out by players' youth football organizations so make the arrangements in advance. The 7th & 8th Grade divisions will play their games at the Connecticut Sports Center in Woodbridge, CT while the Lil Tacklers through 6th Grade divisions will play at the Sports Zone in Trumbull, CT. All scrimmages on February 21st will be held at The Sports Zone in Trumbull, CT.

Due to the tremendous demand, our LIL TACKLERS DIVISION HAS BEEN EXPANDED to consist of up to 12 teams! Please call now to book a spot for your Lil Tacklers team. Players currently in the 2nd & 3rd grades are eligible to play in our Lil Tacklers division.



THE DIVISIONS

The divisions (listed below) will be based on the players' current school grade, not weight.

Division	Grade Level	Division	Grade Level
1. Professional	8 th Grade	4. Youth Senior	5 th Grade
2. Collegiate	7 th Grade	5. Youth Junior*	3 rd & 4 th Grades
3. Scholastic	6 th Grade	6. Lil Tacklers*	2 nd & 3 rd Grades

* 3rd Graders have the option of playing up in the Youth-Junior Division or down in the Lil Tacklers Division based on their experience and ability.

We understand that Pop Warner coaches and parents may have questions about this grade-based format so we encourage you to contact us to discuss. We believe this format to be the safest and most effective way for our athletes to develop and compete. We fully expect seamless integration by Pop Warner players and coaches into this format of play.

Divisions are subject to change based on participation. Teams should consist of a minimum of 8 and a maximum of 12 players. Experience proves that the ideal number of players on a team is ten (10). Individuals that don't have a team are also encouraged to participate. The Connecticut Speed School will assist individual players in team placement if necessary.

Practices. All practice dates, times & locations will be scheduled entirely by the respective teams' coaches. On average most teams practice one hour per week in addition to their weekly game. The Connecticut Speed School will not be organizing individual team practice time. Most teams find it easier to practice locally and indoors at their town recreation department's facility.

Our League currently consists of 42 teams representing cities and towns throughout Fairfield and New Haven Counties. We are expanding the Lil Tacklers division to 12 teams from 6 so call now to book a spot for your team.

****** WATERBURY, CT EXPANSION.** Our Connecticut Winter Indoor Football League may expand to Waterbury, CT. Please contact us if you are interested in participating in this area.



REGISTRATION

Youth football coaches and individual players are encouraged to register for the Youth Winter Football League as early as possible to ensure a spot for your team. For coaches to register please complete and mail back the YOUTH WINTER FOOTBALL LEAGUE "TEAM" REGISTRATION FORM (on the next page). For individual players to register please complete and mail back the INDIVIDUAL REGISTRATION and CONSENT FORMS along with full payment (\$200/ player). The Connecticut Speed School is accepting registration now. The deadline for registration was DECEMBER 4, 2009 but if you are still interested in participating contact us ASAP. Contact the Connecticut Speed School at 203-298-4277 or at info@ctspeedschool.com with any questions.

The Connecticut Speed School was founded to develop today's youth in a complete and comprehensive manner. Please visit our website at www.ctspeedschool.com for more information about our School and other programs.

IMPORTANT DATES

- | | |
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| Today – January 18, 2010: | REGISTRATION - Remaining Openings
- One (1) 7 th Grade Team Opening
- Six (6) Lil Tacklers Team Openings |
| Saturday, January 16 th : | HELMET FITTING & DISTRIBUTION
The Edge Fitness Club (125 Old Gate Lane, Milford)
6-7pm – 7 th & 8 th Graders
7-8pm – 6 th Graders |
| Sunday, January 17 th : | HELMET FITTING & DISTRIBUTION
The Edge Fitness Club (125 Old Gate Lane, Milford)
5-6pm – Lil Tacklers
6-7pm – 3 rd & 4 th Graders
7-8pm – 5 th Graders |
| February 14 th : | Instructional Football Camp |
| February 21 st : | Jamboree-style Scrimmages |
| February 28 th – March 28 th : | Regular Season 5-Week Schedule |
| April 3 rd : | Playoffs* |

*Playoff games will be played on Saturday, April 3rd. No games will be played on Easter Sunday.



YOUTH WINTER FOOTBALL LEAGUE TEAM REGISTRATION FORM

Name of Team: _____ Head Coach: _____

Contact Phone #: _____ Email Address: _____

Division (Please Circle one): Professional (8th Grade) Collegiate (7th Grade) Scholastic (6th Grade)
Youth Senior (5th Grade) Youth Junior (3rd & 4th Grades) Lil Tacklers (2nd & 3rd Grades)

Names of Players

- | | |
|----------|-----------|
| 1. _____ | 7. _____ |
| 2. _____ | 8. _____ |
| 3. _____ | 9. _____ |
| 4. _____ | 10. _____ |
| 5. _____ | 11. _____ |
| 6. _____ | 12. _____ |

Enclosed Check (Payable to: *Connecticut Speed School*) in the amount of: \$ _____

Please mail this completed Registration Form along with full payment to: *Connecticut Speed School, 2 Country Club Close, Orange, CT 06477*



YOUTH WINTER FOOTBALL INDIVIDUAL REGISTRATION FORM

Child/ Athlete's
Name: _____

Current
School Grade: _____

Parent/ Guardian's
Name: _____

Address: _____

Contact Phone #(s): _____

Email Address: _____

Youth Football Organization: _____

Coach of Child's Youth Winter Football Team: _____

(If child doesn't have a coach or team please write "Need Coach and Team")

Cost: \$200 Please make check payable to "Connecticut Speed School, LLC"

Please complete and mail the "Registration Form" and "Consent Form" with
payment to Connecticut Speed School, 2 Country Club Close, Orange, CT 06477



WAIVER AND CONSENT FORM

I give my approval and consent to the participation of _____
(Child's Name)

in the Connecticut Speed School, LLC, hereinafter referred to as "School".

I am aware of the risks and hazards incidental to such participation and I certify that my child is physically fit to take part in all activities. I will not hold School authorities, School staff, or the School responsible in case of accident or injury as a result of my child's participation and hereby waive, release and forever discharge any and all claims for damages which may hereafter occur to my child against the Connecticut Speed School, LLC or their respective officers, agents, representatives, successors and/or assigns, for any or all damages which may be sustained or suffered by my child in connection with their association with or participation in the School as a result of my child's participation in the School. I, the parent or guardian, do hereby agree to the above waiver and release.

Permission is granted to use my child's photograph in future School literature and publicity. I pledge my child's compliance to any and all School rules and understand that my child could be dismissed from School for any conduct not in the best interests of the School and that no part of my child's registration fee will be refunded.

Consent To Treatment:

I hereby authorize any medical evaluation or treatment of my child that may be advised or recommended by the attending physician or Emergency Medical Personnel while at the Connecticut Speed School, LLC.

Parent/ Guardian

Name (Please Print): _____

Signature: _____

Please list any allergies and/ or medical problems, including those requiring maintenance of medication (i.e. Bee Stings, Diabetic, Asthma, Seizure Disorder). The purpose of this information is to ensure that medical personnel have timely and accurate information of any medical problem which may interfere with or alter treatment.

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