



Welcome to the 2012 Connecticut Winter Indoor Football League!

The Connecticut Winter Indoor Football League is a unique opportunity for our young football players as well as their coaches to work on developing important fundamentals, both individually and collectively as a team. The format of the game is full contact, six (6) players versus six (6) players allowing for much more player-specific coaching and ultimately, player development. See our "Winter Football Rules" for the specific policies and rules of our League.

The Winter Football Season will consist of seven (7) weeks of development including:

- 1-week of jamboree-style preseason scrimmages
- 5-weeks of regular season games
- 1-week of "round-robin" playoffs (every team participates)

All scrimmages and games will be played on Sundays (except the last week due to Easter which will be played on Saturday April 7th), February 26th – April 7rd at The Sports Zone in Trumbull, CT. The cost of the Winter Football League is \$200 per player. (The cost for the Little Tacklers is \$250 per player due to coaching costs. We have a dedicated staff for the Little Tacklers run by full-time, experienced collegiate coaches that do an outstanding job with children.)

Players will be properly fitted and equipped with a helmet and game jersey. Other necessary football equipment will be loaned out by players' youth football organizations so please make arrangements with your son's organization in advance. Our Winter League is an excellent introduction to full contact football for flag players so players that are not already affiliated with an organization should reach out to their local full contact youth football organization for equipment. Youth organizations were extremely accommodative but advanced notice is required. Our League is grade-based and organized by grade-specific divisions. We understand that Pop Warner coaches and parents may have questions about our grade-based format so we encourage you to contact us to discuss. We believe this format to be the safest and most effective way for our athletes to develop and compete. Our inaugural season was a seamless integration by our Pop Warner players and coaches into this format of play.



Divisions (based on the players' current school grade, not weight)

- | | | | |
|------|--|-------|--------------------------------|
| I. | Little Tacklers** - Grades 1 st & 2 nd | V. | 6 th Grade Division |
| II. | 3 rd Grade Division | VII. | 7 th Grade Division |
| III. | 4 th Grade Division | VIII. | 8 th Grade Division |
| IV. | 5 th Grade Division | | |

**The Little Tacklers division will be an instructional experience. Each week our Little Tacklers will be introduced to the fundamentals of football in a fun and intelligent way. A dedicated staff run by collegiate football coaches will work with our Little Tacklers each week. As a result, the cost for Little Tacklers is \$250 per player for the season. Sessions will last 1 hour and incorporate teaching all of the fundamentals including proper stances and alignment, blocking, tackling etc. Game scrimmages will be played at the end of each session. This program was a very positive experience for our Little Tacklers last season.

Divisions are subject to change based on participation. Teams must consist of a minimum of 10 players and a maximum of 12 players. Experience proves that the ideal number of players on a team is ten (10). Individuals that don't have a team are encouraged to contact us. The Connecticut Speed School will do our best to assist in the placement of individual players. However we strongly suggest individuals do their best to find a team on their own.

Practices: All practice dates, times & locations will be scheduled entirely by the respective teams' coaches. On average most teams practice one hour per week in addition to their weekly game. The Connecticut Speed School will not be organizing individual team practices. However, we have an agreement in place with a leading insurance company for teams to purchase very affordable short-term policies for practice. Many towns require an insurance policy in order to reserve gyms and other indoor facilities. Teams typically practice locally and indoors at their towns' recreation facilities.

Last year's Connecticut Winter Indoor Football League consisted of 42 teams representing cities and towns throughout Fairfield and New Haven Counties. The Connecticut Speed School is committed to delivering a first-class, positive experience for all of our players and coaches. League rules and policies are strictly enforced to ensure a superior youth sporting experience.

Please don't hesitate to contact us about our Connecticut Indoor Winter Football League or the Connecticut Speed School at info@ctspeedschool.com or 203-298-4277. The Connecticut Speed School is committed to putting today's youth in positions to be successful!





REGISTRATION INFORMATION

Youth football coaches and players are encouraged to register for the Youth Winter Football League as early as possible to ensure a spot for your team. Players, coaches and teams that participated in our 2011 season will have a two week period to lock-in their spot for this season. The two week window to register will run from Thursday, October 13th – Thursday, October 27th. Coaches and players that did not participate last season are welcome to contact us to reserve spots prior to October 27th but those spots won't be confirmed until Friday, October 28th. For coaches to register please complete and return the "TEAM" Registration Form located on the following pages. Each COACH or designated TEAM PARENT is responsible for organizing the appropriate paperwork (Individual Registration Form, Consent Waiver & Copy of Physical) and payment for their players. The Connecticut Speed School will accept registrations directly from individual players but the player's coach, team and division must be clearly written on the Individual Registration Form. Individual players are encouraged to reach out to other teammates and coaches and put together a team.

Important Dates

October 13 th – 27 th :	Registration Opens for last season's participants. New teams can contact us to reserve a spot but spots won't be confirmed until October 28 th . Spots will be awarded on a first come, first served basis.
October 27 th – January 15 th :	Registration Period
TBA:	Helmet Fittings & Distribution. In an effort to improve on last year's distribution, time slots will be reserved for teams to be properly fitted.
February 26 th :	Jamboree-style Scrimmages (11am – 6pm)
March 4 th – April 1 th :	Regular Season Games (11am – 6pm)
April 7 th (Saturday):	Playoffs

Registration Forms Needed

To be completed by Coach or Team Parent: Team Registration Form

To be completed by Player's Parent/ Guardian: Individual Registration Form, Consent Waiver & Release, Copy of most recent Physical. Physicals must be completed and signed by physicians (good for 2 years from date of physical evaluation)

Confirmation of Player Registration will occur when full payment of \$200 is received (\$250 for Little Tacklers). Please make checks payable to "Connecticut Speed School". All forms and payments should be mailed to: Connecticut Speed School, 2 Country Club Close, Orange, CT 06477. Contact us at info@ctspeedschool.com or 203-298-4277 for additional information.



TEAM REGISTRATION

Head Coach: _____ City/Town of Team: _____

Best Contact Phone: _____ Email: _____

Division (Please Circle One): Little Tacklers - 3rd Grade - 4th Grade - 5th Grade - 6th Grade - 7th Grade - 8th Grade

Names of Players

- | | |
|----------|-----------|
| 1. _____ | 7. _____ |
| 2. _____ | 8. _____ |
| 3. _____ | 9. _____ |
| 4. _____ | 10. _____ |
| 5. _____ | 11. _____ |
| 6. _____ | 12. _____ |

Payment Enclosed: Y / N If Yes, Amount \$ _____

Please make checks payable to "Connecticut Speed School" and mail to: Connecticut Speed School, 2 Country Club Close, Orange, CT 06477. For questions please contact us at info@ctspeedschool.com.



INDIVIDUAL REGISTRATION FORM

Player's Name: _____ Current School Grade: _____

Date of Birth: _____

Parent/ Guardian: _____

Address: _____

(Street)

(Town/City)

(Zip Code)

Best Contact Phone #'s: _____

Email Address: _____

Hometown Football Organization: _____

Name of Winter Football Coach: _____

Cost: \$200 Please make check payable to: "Connecticut Speed School." Cost for Little Tacklers is \$250.

Please complete and mail Registration Form, Consent & Waiver Release Form, Copy of Medical Physical along with Payment to: Connecticut Speed School, 2 Country Club Close, Orange, CT 06477

WAIVER & RELEASE FORM
RELEASE OF LIABILITY FOR MINOR PARTICIPANTS
READ BEFORE SIGNING

I give my approval and consent to the participation of _____ (child's name)
in the Connecticut Speed School, LLC's (hereinafter referred to as "School") programs, events and activities, the undersigned acknowledges,
appreciates and agrees that:

1. The risk of injury to my child from the activities involved in these programs is significant, including potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist; and,
2. FOR MYSELF, SPOUSE, MY CHILD'S LEGAL GUARDIAN AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my child's participation; and,
3. I willingly agree to comply with the School's stated and customary terms and conditions for participation. If I observe any unusual significant concern in my child's readiness for participation and/ or in the School itself, I will remove my child from the participation and bring such attention of the nearest School official immediately; and,
4. I myself, my spouse, my child's legal guardian, my child, and on behalf of my/ our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the School and their respective officers, affiliates, agents, representatives, successors, sponsors, advertisers and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my child's involvement or participation in the School's programs, events and activities, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. I, for myself, my spouse, legal guardian, my child, and on behalf of my/ our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in the School, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law; and,
6. I certify that my child is physically fit to take part in all School programs, events and activities; and,
7. I pledge my child's compliance to any and all School rules and understand that my child could be dismissed from the School's programs, events and/or activities for any conduct not in the best interests of the School and that no part of my child's registration fee will be refunded; and,
8. I authorize any medical evaluation or treatment of my child that may be advised or recommended by the attending physician or emergency medical personnel while participating in the School's programs, events and activities.

(Parent/ Guardian Signature)

(Print Name Clearly)

Date Signed: _____

Please list any allergies and/ or medical conditions, including those requiring maintenance of medication (i.e. bee stings, diabetes, asthma, seizure disorders). The purpose of this information is to ensure that medical personnel have timely and accurate pre-existing medical condition information which may interfere with or alter treatment.
